

1. A notebook computer with attached wrist support, the notebook computer comprising: a computer body having a top panel, a keyboard, and a pointing device; and the wrist support being attached to the top panel of the notebook computer whereby the wrist support does not interfere with the operation of the keyboard or pointing device, wherein the wrist support is compressible and comprises a base having one or more flat surfaces the largest of the flat surfaces having a surface area of less than 60 cm<sup>2</sup> and a means for attaching the wrist support to the top panel of the notebook computer.
2. The notebook computer of claim 1, wherein the notebook computer further comprises a video display and the notebook computer is reversibly configurable between a closed position wherein the video display is positioned immediately on top of the top panel, and an open position wherein the video display is positioned not immediately on top of the top panel, wherein the wrist support is sufficiently compressible that the notebook computer can be placed in the closed position with the wrist support attached to the top panel.
3. The notebook computer of claim 1, wherein the means for attaching the wrist support to the top panel of the notebook computer comprises a hook and loop type connector.
4. The notebook computer of claim 1, wherein the means for attaching the wrist support to the top panel of the notebook computer comprises an adhesive tape.
5. The notebook computer of claim 4, wherein the wrist support comprises a bottom part and the adhesive tape is attached to the bottom part of the wrist support.
6. The notebook computer of claim 1, wherein the wrist support comprises a compressible material.

7. The notebook computer of claim 6, wherein the compressible material is synthetic sponge.

8. The notebook computer of claim 1, wherein the wrist support consists essentially of the base and the base comprises a compressible material.

9. The notebook computer of claim 8, wherein the compressible material is synthetic sponge.

10. The notebook computer of claim 1, wherein the means for attaching to the wrist support to the top panel of the notebook computer comprises an adhesive tape attached to the bottom part of the wrist support and the wrist support comprises a compressible material comprising synthetic sponge.

11. A notebook computer with two attached wrist supports, the notebook computer comprising: a computer body having a top panel, a keyboard, and a pointing device; and a first wrist support being attached to the right side of the top panel of the notebook computer and a second wrist support being attached to the left side of the top panel of the notebook computer, whereby the wrist supports do not interfere with the operation of the keyboard or pointing device, wherein the wrist supports are each compressible, and comprise a base having one or more flat surfaces the largest of the flat surfaces having a surface area of less than 60 cm<sup>2</sup> and a means for attaching each wrist support to the top panel of the notebook computer.

12. The notebook computer of claim 12, wherein the notebook computer further

comprises a video display and the notebook computer is reversibly configurable between a closed position wherein the video display is positioned immediately on top of the top panel, and an open position wherein the video display is positioned not immediately on top of the top panel, wherein the wrist supports are sufficiently compressible that the notebook computer can be placed in the closed position with the wrist supports attached to the top panel.

13. The notebook computer of claim 11, wherein the means for attaching the wrist supports to the top panel of the notebook computer comprises a hook and loop type connector.

14. The notebook computer of claim 11, wherein the means for attaching to the wrist supports to the top panel of the notebook computer comprises an adhesive tape.

15. The notebook computer of claim 14, wherein the wrist supports each comprise a bottom part and the adhesive tape is attached to the bottom part of the wrist supports.

16. The notebook computer of claim 11, wherein the wrist supports each comprise a compressible material.

17. The notebook computer of claim 16, wherein the compressible material is synthetic sponge.

18. The notebook computer of claim 1, wherein the wrist supports consist essentially of the bases and the bases comprises a compressible material.

19. The notebook computer of claim 18, wherein the compressible material is synthetic sponge.

20. The notebook computer of claim 11, wherein the means for attaching to the wrist supports to the top panel of the notebook computer comprise an adhesive tape attached to the bottom part of the wrist supports and the wrist supports comprise a compressible material comprising synthetic sponge.